

LYGKAS TRAINING SCHEDULE 2026/2027

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00-12:00						OPEN DAY (ONCE PER MONTH)
16:30-17:15	SABRE LESSONS		SABRE LESSONS	SABRE LESSONS		
17:15-18:45	SABRE OVER 13		SABRE OVER 13	SABRE OVER 13		
17:30-18:30		EPEE UNDER 11			EPEE UNDER 11	
18:00-20:00				EPEE LESSONS		
18:15-19:45	SABRE UNDER 13		SABRE UNDER 13	SABRE UNDER 13		
18:30-20:00		EPEE UNDER 15			EPEE UNDER 15	
19:30-20:30	EPEE UNDER 11					
20:00-21:00				SABRE PARENTS' HOUR (REMOTE or IN PERSON)		
20:00-21:30		EPEE OVER 15		EPEE OVER 15	EPEE OVER 15	
20:30-22:00	EPEE UNDER/OVER 15					
21:30-22:30				EPEE PARENTS' HOUR (REMOTE OR IN PERSON)		